Tompkins County Worksite Wellness Coalition

www.TompkinsCountyNY.gov/worksite



Meeting Agenda

III.

Thursday, March 10, 2016 8:30–9:30 a.m.

Rice Conference Room, Tompkins County Health Department

- I. Welcome, Brief Introductions & Announcements (Beth McKinney) 8:30a. Attendee introductionsb. Excellus Grant (Bev Chin)
 - c. Google Group (Ted Schiele)
- II. Governing Workgroupa. Review of charter and work plan for 2016 (Beth McKinney)
 - Program: 9:00

Community Supported Agriculture (CSA) options in Tompkins County:

How to bring CSAs into your workplace as a way to promote a healthier diet and locally sourced food options.

Avi Miner, Local Foods Educator, CCE-TC

Avi will discuss the best ways to find locally grown foods in and around Tompkins County. Local shoppers have many options, such as farmers' markets, Community Supported Agriculture (CSA) farm stands, bulk meat buying, and more. We will go especially in depth about Community Supported Agriculture and workplace delivery. There will be time for questions.

IV.	Future Agenda Items/ Assignments	9:20
V.	Adjourn	9:30

——— Next Meeting: May 12, 2016 ———