

City of Ithaca Proclamation

Whereas, in early 2015, various representatives from local Tompkins County employers with worksite wellness programs met to inaugurate the Tompkins County Worksite Wellness Coalition, and

Whereas, the Coalition's mission is "To act as a resource for Tompkins County employers regarding the art and science of health promotion and wellness," and

Whereas, the critical importance of a workplace culture that supports healthy lifestyles is widely recognized — and worksite wellness programs serve a pivotal role in promoting such a culture, and

Whereas, the Tompkins County Worksite Wellness Coalition promotes wellness programs and healthy living as a crucial added value that improves workplace culture, and

Whereas, September is "National Fruits and Veggies—More Matters Month," and the Tompkins County Worksite Wellness Coalition wants to help local worksites participate, and

Whereas, fruit contributes to the fundamental well-being and quality-of-life of all residents of the City of Ithaca — it energizes our workforce and promotes better health, and

Whereas, Put Fruit to Work is a one-week campaign to promote fruit as a fresher, delicious, healthy snack choice at work, and

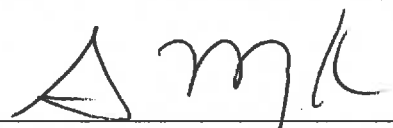
Now, therefore, I, SVANTE L. MYRICK, Mayor of the City of Ithaca, do hereby proclaim September 21–25, 2015 as:

Put Fruit to Work Week In the City of Ithaca

And FURTHER, I urge all City of Ithaca residents and City of Ithaca employees to choose fruit as a satisfying, delicious snack that works any time, on any job, and

In Witness whereof, I have hereunto set my hand and caused the Official Seal of the City of Ithaca to be affixed, on this twenty-second day of September in the year 2015.




Svante L. Myrick, Mayor